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3 nights 4 days Tibet tour is the best option for those with short vacation time for Lhasa Tibet. 3 Nights 4 days Tibet tour includes three world heritage sites such as Potala Palace, Jokhang Temple and Barkhor Road. You will also visit the summer place of Dalai Lama and walk through the Barkhor Street, where you can enjoy talking with locals to understand real life in Lhasa. It is highly suggested you not miss the opportunity to explore the dramatic monastery debate about Buddhist teachings at Sera Monastery.

Highlights

- ❖ you can observe how the monks lived and discuss at sera monastery
- ❖ You will visit the Potala Palace and know the Dalai Lama private quarters
- ❖ Soak the glowing butter lamp in the Jokhang Temple
- ❖ Lhasa's food scene with lots of Asian dishes
- ❖ Visit the Potala Palace and admire its exclusive architecture and beautiful murals, Buddhist sculptures and other collections.
- ❖ Experience the Tibetan culture and dedicated pilgrimage by engaging with worshipers in Barkhor Street and Jokhang Temple.
- ❖ Visit the impressive Drepung Monastery and experience the incredible live debate about Buddhism in the Sera Monastery.

3 nights 4 days Tibet tour

In this 3 Nights 4-day Tibet tour, visit the Dalai Lama's Summer Palace and Barkhor Street, where you can find local food with local Tibetans to understand real life in Lhasa during your visit and talk with local

3 nights 4 days tour to Tibet allows you to explore the historical, religious and cultural beauty of Lhasa. People from all over the world visit Tibet in different

ways to see Tibetan monuments and famous sights. People fly to Lhasa by plane from Kathmandu. Lhasa is the capital city of Tibet and the Tibet Autonomous Region. It includes World Heritage Sites: the Potala Palace and the Norbulingka Palace, where the Dalai Lama lived.

Besides, there are many famous monasteries and temples in Lhasa as tourist places. Jokhang and Ramoche temples are famous. The Barkhor Bazaar is another attraction where you can walk and experience the memories of various Tibetan restaurants and shops. Apart from that, Sera and Drepung can entertain you with their talk and other activities. Explore the following highlights on this 4 day Tibet Lhasa City Tour.

Potala Palace: built in the 7th century and restored in the 17th century - home of the Dalai Lamas

Jokhang Temple: Songston Gambo, built in the 7th century by Princess Tang Barkutti

Sera and Drepung Monastery: These two monasteries are very famous and large monastery in Lhasa city

Barkhor Street: the best-conserved street in Lhasa, Tibet

Norbulingka Palace: Summer Palace of the Dalai Lama. Its location is in the suburb of Lhasa

Trip Itinerary

Day 1: Welcome to Lhasa airport

Whether you arrive in Lhasa by plane or train, your guide will pick you up at the train station or airport and take you to your hotel, and help you check-in. On the way, you can see the Brahmaputra River. It is the largest river in Tibet. As soon as you arrive at your hotel, you can rest and relax for acclimation. When you are ready to go sightseeing, you will visit the Potala Palace with a beautiful view of the fountains.

Day 2: Full day Lhasa Tour including Potala Palace, Jokhang Temple, and Barkor Street

Today, after breakfast, you will start your day tour with the magnificent Potala Palace, which has historically served as the Dalai Lama's winter home. The 33rd King of Tibet used it in the 7th century. The most valuable collections in the Potala Palace are the golden tomb stupas of the old Dalai Lama and the meditative caves of the 33rd Great King of Tibet. After lunch, you start trip to the Jokhang Temple which was, founded by the 33rd King of Tibet in the 7th century, to endorse Buddhism. Inside you can see a statue of Buddha Sakyamuni from the age of twelve, the most revered object in Tibetan Buddhism. The temple is surrounded by Barkhor Street, where you can do "Kora" (a sacred building or a religious circuit around a mountain) with pilgrims and locals. The Barkhor market is also a great place to enjoy local handicrafts and souvenirs.

Day 3: Lhasa Tour including Drepung and Sera Monastery

Today, you will visit Drepung Monastery, which is one of the three large Gelug monasteries in Tibet. The Drepung Monastery founded in 1416 by Jamyang Choge. Drepung Monastery is houses of the Ganden Palace, which was previously the Dalai Lama Palace before moving to the Potala Palace. In the afternoon, you will see Sera Monastery, founded in 1419 Jamyang Choge

Day: 4 departures to your next destination from Lhasa

Your guide will take you from your hotel to Lhasa airport or train station and help you find the right place for your flight or train to Lhasa.

Cost includes:

- ❖ Tibet travel permits as required.
- ❖ Professional, English speaking Local Guide
- ❖ License holder experienced driver
- ❖ All entry fees to the monuments
- ❖ Collection and return at the airport or train station
- ❖ Three-star hotel accommodation in Lhasa City with breakfast

- ❖ Travel and emergency insurance
- ❖ Government taxes and processing fees
- ❖ Reservation fee for the Potala Palace
- ❖ Bottles of drinking water per day.

Cost Excludes:

- ❖ Lunch and dinner during the Tibet trip
- ❖ Flight or train ticket to and from Tibet
- ❖ Personal expenses.
- ❖ Any Losses due to state control, natural disasters, etc.
- ❖ Tips for driver and tour guide

Food and accommodation

We reserve the three-star hotel in the centre of Lhasa. You can also upgrade to a better-rated hotel for an additional cost. All accommodations are on the twin or double sharing basis.

Your tour is including daily breakfast. Lunch and dinner are not included as we want to give our customers the freedom to try local food themselves. The food is usually served in the hotel. Dinner can also be served in local restaurants. Although we cannot guarantee requests for special meals, we do our best to meet your specific dining needs, as well as special needs such as connecting or adjoining rooms and bed sizes for hotel rooms.

Acclimatization

In the higher altitude, the less oxygen will be there. It takes a few days for your body to improve this low-oxygen environment. On this trip, you will spend the first three nights in Lhasa and give enough time for cultivation. You will also travel to another location on our trip. Therefore, it is best to exercise or walk regularly at high altitude a few weeks before this trip.

What is Best travel time to Tibet?

Spring (April, May), summer (June, July and August) and autumn (September, October and November) are the best seasons for Lhasa tour. You can also enjoy this trip in winter, but it's a bit cold.

Document

The following documents are mandatory and must be with you at all times.

- ❖ Valid passport with visa
- ❖ Health and medical insurance
- ❖ Plane tickets, electronic tickets
- ❖ At least 4 Passport size photos
- ❖ All required permissions.

Travel changes and cancellations

We strive to organize the tours as per itinerary. However, we reserve the right to change travel or activities, hotels, meals or transportation. Also, we reserve the right to cancel the trip at any time before departure because it is not available or circumstances are beyond our control. In this case, we will rebook it on different days. However, if we cannot rebook it, we will give you a full refund.